

Base Menu Spreadsheet

Portion Values

Apr 1, 2025 thru Apr 30, 2025

Menu Name:	Middle School Breakfast	Include Cost:	No
Site:			
Use Alternate Menu Name:	No		

Tuesday - 04/01/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000504 Egg/Sausage/Cheese Biscuit Sandwich	Sandwich	1	29.48
990126 Cereal Variety & Toast	Cereal	1	38.15
990061 Fruit Variety	1/2 CUP	1	20.45
000983 Juice Cup	CUP	1	15.00
000489 Milk Variety	carton	1	17.00
Weighted Daily Average			120.09
% of Calories			52.0%
Weekly Nutrient Guideline			

Wednesday - 04/02/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990213 Waffle Kellogg's Eggo	2 Waffles	1	30.00
990126 Cereal Variety & Toast	Cereal	1	38.15
990061 Fruit Variety	1/2 CUP	1	20.45

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000983 Juice Cup	CUP	1	15.00
000489 Milk Variety	carton	1	17.00
Weighted Daily Average			120.60
% of Calories			72.7%
Weekly Nutrient Guideline			

Thursday - 04/03/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000541 Biscuit & Gravy	1 B, 4 oz Gravy	1	33.48
990126 Cereal Variety & Toast	Cereal	1	38.15
990061 Fruit Variety	1/2 CUP	1	20.45
000983 Juice Cup	CUP	1	15.00
000489 Milk Variety	carton	1	17.00
Weighted Daily Average			124.09
% of Calories			61.7%
Weekly Nutrient Guideline			

Friday - 04/04/2025 Reimbursable Meal Total 1

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Apr 1, 2025 thru Apr 30, 2025

	Portion Size	Reimb Qty	Carb (g)
001113 Donut Holes, WG, SEC	6 Holes	1	32.12
990126 Cereal Variety & Toast	Cereal	1	38.15
990061 Fruit Variety	1/2 CUP	1	20.45
000983 Juice Cup	CUP	1	15.00
000489 Milk Variety	carton	1	17.00
Weighted Daily Average			122.72
% of Calories			69.1%
Weekly Nutrient Guideline			

Monday - 04/07/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000179 Breakfast Pork Sausage/Egg/Veggie Burrito	1 Burrito	1	37.43
990126 Cereal Variety & Toast	Cereal	1	38.15
990061 Fruit Variety	1/2 CUP	1	20.45
000983 Juice Cup	CUP	1	15.00

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Apr 1, 2025 thru Apr 30, 2025

	Portion Size	Reimb Qty	Carb (g)
000489 Milk Variety	carton	1	17.00
Weighted Daily Average			128.03
% of Calories			58.2%
Weekly Nutrient Guideline			

Tuesday - 04/08/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990169 Egg/Ham/Cheese Croissant Sandwich	Sandwich	1	32.67
990126 Cereal Variety & Toast	Cereal	1	38.15
990061 Fruit Variety	1/2 CUP	1	20.45
000983 Juice Cup	CUP	1	15.00
000489 Milk Variety	carton	1	17.00
Weighted Daily Average			123.27
% of Calories			60.6%
Weekly Nutrient Guideline			

Wednesday - 04/09/2025 Reimbursable Meal Total 1

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Apr 1, 2025 thru Apr 30, 2025

	Portion Size	Reimb Qty	Carb (g)
990079 Pizza Bagel	Bagel	1	30.00
990126 Cereal Variety & Toast	Cereal	1	38.15
990061 Fruit Variety	1/2 CUP	1	20.45
000983 Juice Cup	CUP	1	15.00
000489 Milk Variety	carton	1	17.00
Weighted Daily Average			120.60
% of Calories			66.7%
Weekly Nutrient Guideline			

Thursday - 04/10/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000541 Biscuit & Gravy	1 B, 4 oz Gravy	1	33.48
990126 Cereal Variety & Toast	Cereal	1	38.15
990061 Fruit Variety	1/2 CUP	1	20.45
000983 Juice Cup	CUP	1	15.00

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Apr 1, 2025 thru Apr 30, 2025

	Portion Size	Reimb Qty	Carb (g)
000489 Milk Variety	carton	1	17.00
Weighted Daily Average			124.09
% of Calories			61.7%
Weekly Nutrient Guideline			

Friday - 04/11/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000891 Pancake Stick Turkey Sausage WG	Stick	1	17.00
990126 Cereal Variety & Toast	Cereal	1	38.15
990061 Fruit Variety	1/2 CUP	1	20.45
000983 Juice Cup	CUP	1	15.00
000489 Milk Variety	carton	1	17.00
Weighted Daily Average			107.60
% of Calories			63.9%
Weekly Nutrient Guideline			

Monday - 04/14/2025 Reimbursable Meal Total 1

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Apr 1, 2025 thru Apr 30, 2025

	Portion Size	Reimb Qty	Carb (g)
990042 Breakfast Casserole & Toast	1/2 cup	1	16.58
990126 Cereal Variety & Toast	Cereal	1	38.15
990061 Fruit Variety	1/2 CUP	1	20.45
000983 Juice Cup	CUP	1	15.00
000489 Milk Variety	carton	1	17.00
Weighted Daily Average			107.18
% of Calories			50.8%
Weekly Nutrient Guideline			

Tuesday - 04/15/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000955 Cinnamon Roll	Roll	1	37.00
990126 Cereal Variety & Toast	Cereal	1	38.15
990061 Fruit Variety	1/2 CUP	1	20.45
000983 Juice Cup	CUP	1	15.00

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Apr 1, 2025 thru Apr 30, 2025

	Portion Size	Reimb Qty	Carb (g)
000489 Milk Variety	carton	1	17.00
Weighted Daily Average			127.60
% of Calories			67.7%
Weekly Nutrient Guideline			

Wednesday - 04/16/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990208 Omelet Variety & Toast	1 Omelet	1	17.40
990126 Cereal Variety & Toast	Cereal	1	38.15
990061 Fruit Variety	1/2 CUP	1	20.45
000983 Juice Cup	CUP	1	15.00
000489 Milk Variety	carton	1	17.00
Weighted Daily Average			108.00
% of Calories			58.5%
Weekly Nutrient Guideline			

Thursday - 04/17/2025 Reimbursable Meal Total 1

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Portion Values

Apr 1, 2025 thru Apr 30, 2025

	Portion Size	Reimb Qty	Carb (g)
000541 Biscuit & Gravy	1 B, 4 oz Gravy	1	33.48
990126 Cereal Variety & Toast	Cereal	1	38.15
990061 Fruit Variety	1/2 CUP	1	20.45
000983 Juice Cup	CUP	1	15.00
000489 Milk Variety	carton	1	17.00
Weighted Daily Average			124.09
% of Calories			61.7%
Weekly Nutrient Guideline			

Friday - 04/18/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990105 EARLY RELEASE DAY	SERVING	1	*N/A*
990192 Pancake Mini Variety	1 Pkg	1	37.00
990126 Cereal Variety & Toast	Cereal	1	38.15
990061 Fruit Variety	1/2 CUP	1	20.45
000983 Juice Cup	CUP	1	15.00

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Portion Values

Apr 1, 2025 thru Apr 30, 2025

	Portion Size	Reimb Qty	Carb (g)
000489 Milk Variety	carton	1	17.00
Weighted Daily Average			127.60
% of Calories			73.0%
Weekly Nutrient Guideline			

Monday - 04/21/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990199 Muffin Puck Variety & Toast	Muffin	1	33.90
990126 Cereal Variety & Toast	Cereal	1	38.15
990061 Fruit Variety	1/2 CUP	1	20.45
000983 Juice Cup	CUP	1	15.00
000489 Milk Variety	carton	1	17.00
Weighted Daily Average			124.50
% of Calories			66.0%
Weekly Nutrient Guideline			

Tuesday - 04/22/2025 Reimbursable Meal Total 1

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Apr 1, 2025 thru Apr 30, 2025

	Portion Size	Reimb Qty	Carb (g)
000566 Egg Scrambled & Toast	1/2 cup	1	16.09
990126 Cereal Variety & Toast	Cereal	1	38.15
990061 Fruit Variety	1/2 CUP	1	20.45
000983 Juice Cup	CUP	1	15.00
000489 Milk Variety	carton	1	17.00
Weighted Daily Average			106.69
% of Calories			56.2%
Weekly Nutrient Guideline			

Wednesday - 04/23/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
001116 Bagel & Cream Cheese, WG	Bagel	1	30.02
990126 Cereal Variety & Toast	Cereal	1	38.15
990061 Fruit Variety	1/2 CUP	1	20.45
000983 Juice Cup	CUP	1	15.00

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Apr 1, 2025 thru Apr 30, 2025

	Portion Size	Reimb Qty	Carb (g)
000489 Milk Variety	carton	1	17.00
Weighted Daily Average			120.63
% of Calories			66.6%
Weekly Nutrient Guideline			

Thursday - 04/24/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000541 Biscuit & Gravy	1 B, 4 oz Gravy	1	33.48
990126 Cereal Variety & Toast	Cereal	1	38.15
990061 Fruit Variety	1/2 CUP	1	20.45
000983 Juice Cup	CUP	1	15.00
000489 Milk Variety	carton	1	17.00
Weighted Daily Average			124.09
% of Calories			61.7%
Weekly Nutrient Guideline			

Friday - 04/25/2025 Reimbursable Meal Total 1

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Apr 1, 2025 thru Apr 30, 2025

	Portion Size	Reimb Qty	Carb (g)
000664 Donut Long John	Donut	1	54.17
990126 Cereal Variety & Toast	Cereal	1	38.15
990061 Fruit Variety	1/2 CUP	1	20.45
000983 Juice Cup	CUP	1	15.00
000489 Milk Variety	carton	1	17.00
Weighted Daily Average			144.78
% of Calories			65.1%
Weekly Nutrient Guideline			

Monday - 04/28/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990160 Bread Slice, Blueberry, WG	PKG	1	45.00
990126 Cereal Variety & Toast	Cereal	1	38.15
990061 Fruit Variety	1/2 CUP	1	20.45
000983 Juice Cup	CUP	1	15.00

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Apr 1, 2025 thru Apr 30, 2025

	Portion Size	Reimb Qty	Carb (g)
000489 Milk Variety	carton	1	17.00
Weighted Daily Average			135.60
% of Calories			71.9%
Weekly Nutrient Guideline			

Tuesday - 04/29/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
001187 Egg/Sausage/Cheese Croissant Sandwich	Sandwich	1	32.00
990126 Cereal Variety & Toast	Cereal	1	38.15
990061 Fruit Variety	1/2 CUP	1	20.45
000983 Juice Cup	CUP	1	15.00
000489 Milk Variety	carton	1	17.00
Weighted Daily Average			122.60
% of Calories			51.9%
Weekly Nutrient Guideline			

Wednesday - 04/30/2025 Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Apr 1, 2025 thru Apr 30, 2025

	Portion Size	Reimb Qty	Carb (g)
990134 Breakfast Tornado Variety	1 Tornado	1	21.50
990126 Cereal Variety & Toast	Cereal	1	38.15
990061 Fruit Variety	1/2 CUP	1	20.45
000983 Juice Cup	CUP	1	15.00
000489 Milk Variety	carton	1	17.00
Weighted Daily Average			112.10
% of Calories			67.0%
Weekly Nutrient Guideline			

		Carb (g)
Weighted Averages		121.66
% of Calories		62.5%

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
¹ - denotes required nutrient values
² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.